

Where to Contact Us?

For Further
Information
Contact your local
Addiction Service /
Clinic
HSE Dublin
Mid Leinster
(DML)

This Counselling Service
is provided by the HSE.

Contact Details

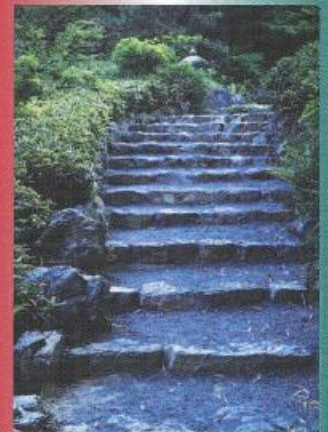
<u>Location</u>	<u>Tel. No.</u>
Aisling Clinic / Ballyfermot	01 6450405
Alcohol Treatment Unit Baggot Street	01 6607838 01 6699361
Alcohol Service Tallaght	01 4516589 01 4516754
Arklow	0402 33456
Baggot Street	01 6699500
Bray	01 2116167
Castle Street	01 4767038 01 4767019
Cork Street	01 4544933
Clondalkin / Lucan	01 6433615 01 6433617
Crumlin	01 4154807
Cuan Dara Detox Unit	01 6206050
Drimnagh	01 4556421
Dr Steevens'	01 6352077
Kildare / West Wicklow	045 446350
Dun Laoghaire	01 2808472 01 2301897
Tallaght Addiction Service	01 4513894
Wicklow	0404 60688
YoDA Youth Drug & Alcohol Service	01 4665040



Foillseamhacht na Seirbhíse Sáimíe
Health Service Executive

CLIENT INFORMATION

COUNSELLING DUBLIN MID LEINSTER (DML) ADDICTION SERVICES



2014

Why Counselling?

Counselling gives individuals an opportunity to explore and clarify ways of living more resourcefully and with a greater sense of wellbeing.

Counselling is available on an individual basis to all service users. It is provided in a variety of settings. (Clinics, Young Persons Programme, Satellites, Health Centres, Community Projects and Cuan Dara).

We Provide

- Assessment.
- Exploration of treatment options.
- Individual counselling.
- Group work / therapy (in some locations).
- Educational programmes
- Assessment and referral to other services if required.
- Aftercare.
- Information and support to families and concerned persons where appropriate.
- Support for ongoing recovery.

Confidentiality

Confidentiality is discussed at the first session. Counsellors may have to operate outside the boundaries of confidentiality in the following circumstances.

- Welfare of a child as per “Children First” document.
- Serious risk of suicide or self-harm.
- Serious risk of harm to others.
- When directed by a court of law under a summons or subpoena.
- When the service user is a minor.