

### HSE Addiction Treatment Services across the East Coast Region

HSE Addiction Services support the provision of an integrated range of preventative, therapeutic and rehabilitation services to meet the diverse health and social care needs of our service users in an accountable, accessible and equitable manner. All services provided are free of charge.

#### Drugs and Alcohol Helpline

☎ 1800 459 459

e: [helpline@hse.ie](mailto:helpline@hse.ie)

#### HIV and Sexual Health Helpline

☎ 1800 459 459

e: [helpline@hse.ie](mailto:helpline@hse.ie)

This is a free and confidential, active listening helpline and email support service offering non-directive support, information, guidance and referral to anyone with a question or concern related to substance use, HIV and sexual health. The Helpline receives a diverse range of queries and provides an opportunity to explore a concern in confidence with onward referral, when necessary.

The East Coast Region covers the HSE Local Health Regions of Dublin South East, Dublin South/Dún Laoghaire and Wicklow. Services provided at Addiction Treatment Centres may include Clinical Assessment and Screenings, Nursing and Midwife Care Services, Counselling, Prescribing, Pharmacy Dispensing and Supports with Rehabilitation. All services are provided free of charge. To find your local HSE Addiction Treatment Services please see Table 1.

#### HSE SMART Recovery Group

#### [Self Management for Addiction Recovery]

HSE, 9A Upper Main Street, Arklow on Wednesdays from 10.30 to 12.30. Contact ☎ (0402) 33577 for details.

Rathnew, Co. Wicklow on Thursday mornings. Contact ☎ (0402) 33577 for details.

#### HSE Specialist Services (linked under HSE Social Inclusion Services)

<b>Women's Health Project</b> providing services for women working in prostitution Baggot Street Centre, 19 Haddington Road, Dublin 4. Freephone ☎ 1800 201 187 or direct line (01) 6699 515
<b>Gay Men's Health Project</b> Baggot Street Centre, 19 Haddington Road, Dublin 4. ☎ (01) 6699 553. e: <a href="mailto:gmhsclinic@hse.ie">gmhsclinic@hse.ie</a> www.gmhs.ie
<b>Detoxification Specific Residential Centres</b> Cuan Dara Unit, Cherry Orchard Hospital, Dublin 10. ☎ 07669 55050 Beaumont Hospital, Beaumont Road, Dublin 9. ☎ (01) 809 3000
<b>Rehabilitation Centres</b> Soilse Project, 6-7 North Frederick Street, Dublin 1. ☎ (01) 872 4535 Saol Project, Amiens Street, Dublin 1. ☎ (01) 855 3391 Keltoi, c/o St. Mary's Hospital, Phoenix Park, Dublin 20. ☎ (01) 620 0040
<b>Emergency Accommodation</b> Homeless Persons Unit – Men, Oisín House, Pearse Street, Dublin 2. ☎ (01) 6755 918. Fax (01) 6755 749. Homeless Persons Unit – Women and Families, 41 Castle Street, Dublin 2. ☎ (01) 4766 904. Fax (01) 4766 989. Freephone ☎ 1800 724 724 (☎10 a.m. – 1 a.m. Everyday).

HSE Local Health Office	Communities	Addiction Treatment Centres	Medical Services in this Centre	Additional Services and Supports
Dublin South East	Ballinteer, Ballsbridge, Donnybrook, Dundrum, Kiltarnan, Milltown, Ranelagh, Sandymount, Sandymount,	<p>Baggot Street Addiction Centre, 19 Haddington Road, Dublin 4. ☎ (01) 6699 500 for appointment (☎9-1 and 2-5, Monday to Friday)</p> <p>Contact above for services in Dundrum</p> <p>Drug Treatment Centre, Trinity Court, Pearse Street, Dublin 2. ☎ (01) 677 1122 for appointment (☎9-1 and 2-5, Monday to Friday)</p>	Clinical Assessment and Screenings <sup>1</sup> , Nursing & Midwife Care Services, Counselling, Prescribing, Pharmacy Dispensing and Rehabilitation Supports	<p><u>Needle Exchange</u> provided during opening hours in Baggot Street Centre or ☎ 086-859 0731</p> <p><u>Drug Liaison Midwife</u> services provided during opening hours ☎ (01)6699 500</p> <p><u>Rehabilitation/Integration</u> services provided during opening hours at ☎ 086-8193503</p>
Dublin South/Dún Laoghaire	Blackrock, Booterstown, Cabinteely, Dalkey, Dún Laoghaire, Foxrock, Killiney, Loughlinstown, Monkstown, Sallynoggin, Shankill, Stepside, Stillorgan.	<p>Dún Laoghaire Addiction Centre, 99 Patrick Street, Dún Laoghaire, Co. Dublin ☎ (01) 280 8472 for appointment (☎9-1 and 2-5, Monday to Friday)</p> <p>Contact above for services in Sallynoggin and Loughlinstown</p>	Clinical Assessment and Screenings <sup>1</sup> , Nursing Care Services, Counselling, Prescribing, Pharmacy Dispensing and Rehabilitation Supports	<p><u>Needle Exchange</u> services provided during opening hours in Patrick Street Centre or ☎ 086-605 7149 with a Mobile Service ☎ 087-251 0449 on Wednesday</p> <p><u>Drug Liaison Midwife</u> services provided during opening hours ☎ (01)6699 500</p> <p><u>Rehabilitation/Integration</u> services provided during opening hours at ☎ 086-8193503</p>

HSE Local Health Office	Communities	Addiction Treatment Centres	Medical Services in this Centre	Additional Services and Supports
Wicklow	Arklow, Aughrim, Avoca, Barendarrig, Bray, Carnew, Delgany, Enniskerry, Greystones, Kilcoole, Knockanna, NewtownMK, Rathdrum, Roundwood, Shillelagh, Tinahely, Wicklow	<p>HSE Bray Treatment Centre, Killarney Road, Bray, Co. Wicklow ☎ (01) 276 2918 for appointment (☎9-1 and 2-5, Monday to Friday)</p> <p>Contact above for services in Arklow, Ballywaltrim and Fassaroe.</p>	Clinical Assessment and Screenings <sup>1</sup> , Nursing Care Services, Prescribing, Pharmacy Dispensing and Rehabilitation Supports	<p><u>Counselling</u> available in :  <b>Arklow</b> at ☎ (0402) 33456  <b>Bray</b> at ☎ (01) 211 6167  <b>Wicklow</b> at ☎ (0404) 60688 and (01) 211 6167</p> <p><u>Needle Exchange Services</u>            Mobile Service 087-251 0449 in  <b>Bray</b> on Wednesdays  <b>Wicklow</b> on Thursdays            HSE 9A Upper Main Street, <b>Arklow</b>            Monday 2-4, Thursday 2-4, Friday 10-12.            Otherwise contact ☎ 086-6040348 or 086-8590734 ☎9-5, Monday to Friday)</p> <p><u>Drug Liaison Midwife</u> services provided during opening hours ☎ (01)6699 500</p> <p><u>Rehabilitation/Integration</u> services also provided during opening hours in Wicklow Primary Care Centre &amp; 9A Upper Main St. Arklow ☎ 086-8284108</p>

Table 1

For help in identifying your local services, contact the **HSE Drugs and Alcohol Helpline** in confidence on **1800 459 459** or email [helpline@hse.ie](mailto:helpline@hse.ie) for guidance.

<sup>1</sup> Clinical Assessments can also be organised by contacting the **GP Coordinator** at ☎(01) 6699 500 where it may also be possible for medical treatment to be arranged with a community-based GP specialist, if clinic attendance is a problem.